# EmpowerHER EmpowerME MOTHER-SON SUMMIT



#### Youth EmpowerMe Foundation, Inc.

Youth EmpowerMe Foundation, Inc is a 501c3 committed to empowering youth and families by promoting parent advocacy, providing mentorship, conferences, seminars, resources, and events focusing on social and life skills.

#### **EmpowerHim EmpowerMe Summit**

The EmpowerHim EmpowerMe Mother-Son Summit is uplifting and transformational! We provide "a village" for boys, moms, and mother figures to empower and enhance their relationships. During the summit, the women, alongside their sons, participate in workshops and panel discussions focusing on financial literacy, health and wellness, social and emotional development, character building, entrepreneurship, leadership, and decision-making skills. Visit our website **youthempowerme.org** for more information. Follow us on Facebook and Instagram **@YouthEmpowerMeFoundation**.

## EmpowerHER EmpowerME

### 2024 SUMMIT BLOCK OF EVENTS

8:00am-8:30am REGISTRATION

8:30am-9:15am BE STRONG WITH MOM BOOT CAMP

8:45am-9:15am MARKETPLACE: VENDORS & PHOTOBOOTH

9:30am-10:00am WELCOME & OPENING REMARKS

10:15am-10:45am RAISING A LEADER, BOYS TO MEN, INVESTING IN OUR

**FUTURE** 

11:00am-11:30am RAISING A LEADER, BOYS TO MEN, INVESTING IN OUR

**FUTURE** 

11:30am—12:00am MARKETPLACE (VENDORS & PHOTO BOOTH)

12:00pm—1:00pm LUNCH

1:15pm—1:45pm RAISING A LEADER, BOYS TO MEN, INVESTING IN OUR

**FUTURE** 

2:00pm-2:45pm BREAKOUT SESSIONS- MY IMAGE MATTERS:

PRETEENS (AGE 8-12)

• TWEENS (AGE 13-15)

• TEENS (AGE 16 – 18)

EMPOWER ME (MOMS ONLY) PANEL DISCUSSION

2:45pm-3:45pm MARKETPLACE (VENDORS & PHOTOBOOTH)

3:45pm-4:45pm WALKING WITH PURPOSE MOM AND SON FASHION SHOW

4:45pm-5:00pm CLOSING REMARKS- STEPPING INTO OUR PURPOSE

